

PREPARE FOR COMMON SUMMER EMERGENCIES WHAT TO DO

RON FLECK, MD

Sunday April 28, 2024

WHAT TO EXPECT:

- Prepare for outdoor activities.
- How to recognize and deal with common summer emergencies
- How to prevent emergencies in the first place
- Be ready to help others who are in a world of hurt
- Learn what to do, and what not to do



HOW TO CHOOSE A FAMILY FIRST AID KIT

- Buy a ready-made kit
- Make your own



Free Community Service Event
Sunday 2:00 pm April 28, 2024
Where: Spirit Lake SDA Church, Spirit Lake, Idaho